



# INTERPRETIVE Programs

Clifty Falls State Park  
May 2024

## Saturday, May 4

**10am Unlocking Nature's Secrets: The Art of Slow Observation** - Explore how taking our time to observe nature can have a profound impact on our mental health. Dr. Michelle Clemons, Assistant Professor of Psychology will be discussing how mindfulness and careful observation can improve our overall well-being. Participants will discover ways to incorporate slow observation in their daily routines during this hour-long program that begins at the **Nature Center**.

**2pm Bird Sign Painting** - Paint your own bird sign using a stenciled drawing on old barn wood during this hour-long workshop. You must register for this event as supplies are limited. Please call 812-273-0609 to register. Cost is \$5 cash or check. This sign would make a great Mother's Day gift! This workshop will take place at **Poplar Grove Shelter**.

## Sunday, May 5

**10am Backyard Birdwatching** - Come to the **Nature Center** to see what birds come to visit our feeders. We'll help you identify what you see and share tips and tricks with you for creating your own backyard bird watching habitat at home during this 30-minute program.

**2pm A Hummingbird's Life** - Discover all kinds of interesting facts about one of our most popular pollinators, the Hummingbird during this 30-minute program at the **Nature Center**.

## Saturday, May 11

**10am Bluebird Walk** - Join the naturalist at **Clifty Shelter** to check our bluebird boxes for nests, eggs, and babies. 45-minute easy walk.

**1pm Women's Hiking Group Meet-Up** - Ladies! Join us for our monthly group hike where you can get outdoors and meet like-minded women. This 2-hour hike is moderately rugged. Meet at **Clifty Shelter**.

## Sunday, May 12

**10am Buzzin' Bees** - Come to the **Nature Center** and make a fun craft that buzzes just like a bee during this 30-minute program.

## Saturday, May 18

### Kids to Parks Day

**10am Whose Nest is This?** - Discover how to identify bird nests and eggs. Then we'll use natural materials to try and build our own nests during this hour-long program at the **Nature Center**.

**2pm Stream Safari** - Gather at the outdoor **Pool** to take a short easy hike down the trail to explore one of the many streams in our park. We'll search for insects, salamanders, fish, and more! Be sure to wear your water shoes and be prepared to get your feet wet during this 45-minute program.



## Sunday, May 19

**10am The Great Migration Game** - Come to the **Nature Center** to play a fun game and discover if you can survive the migration route of our feathered friends during this 30-minute program.

**2pm Cotton Tails and Bunny Trails** - Discover fun facts about the eastern cottontail rabbit, and then make a cute craft to take home with you during this 45-minute program at the **Nature Center**.

## Thursday, May 23

**10am Turtle Time** - Celebrate World Turtle Day with us! Discover the turtles that call Clifty Falls home and meet our live turtles during this 30-minute program at the **Nature Center**.

## Saturday, May 25

**10am Bluebird Walk** - Join the naturalist at **Clifty Shelter** to check our bluebird boxes for nests, eggs, and babies. 45-minute easy walk.

**2pm Waterfall Hike** - Meet at **Clifty Shelter** for a 1 hour moderately rugged hike through one of the most scenic sections of Clifty Canyon. There is a chance to see 5 waterfalls along the way!

**6-7pm Roving Naturalist** - The naturalist will be roving through the **campground** with an interesting item. Can you guess what it is?

**7pm Whooo's There?** - Discover 3 owls that call Clifty Falls home and then make a fun owl decoration you can hang at your campsite or in your window at home. This 1-hour activity will take place at the **Campground Amphitheater**.

## Sunday, May 26

**10am Waterfall Hike** - Meet at **Clifty Shelter** for a 1 hour moderately rugged hike through one of the most scenic sections of Clifty Canyon. There is a chance to see 5 waterfalls along the way!

**2pm Beginner Tree ID Hike** - Discover the basics of tree identification during this 45-minute easy walk that begins at **Clifty Shelter**. This walk will be on an ADA Accessible trail.

## Monday, May 27

**2pm Pollinator Promenade** - Meet at the **Nature Center** to search for butterflies, bees, hummingbirds and more! Discover the unique lives of our pollinators during this hour-long program.

### **Nature Center Hours**

**Open Daily 10 a.m. – 3:30 p.m.**

**For Questions, Contact our Naturalists:**

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**Nature Center Phone: 812-273-0609**